# **Winter Sports**

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When I was growing up, sledding was always that one thing I looked forward to each year. And no, we didn't use just sleds, but old-time washer lids, and anything else that would make us slide down an Ohio snow covered hill.

Winter sports make a great party theme, whether you decide to actually do some winter sports or just use skates, sleds, and skis, etc. for decoration only.



J U L I A B E T T E N C O U R T . C O M

## **Winter Sports Theme Concept**

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The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I* give you *lots* of info and ideas—*You* pick just a *few* to enhance your event. More ideas can be used for showers and parties, but *less is always more* for ministry events.

### **Theme Title Ideas**

A Winter WelcomeBundled UpFlurry of FriendshipAll Through the SnowCold Days, Warm HeartsFreezin' Season

Go Figure (skate night)	On the Slopes	Snow Much Fun
Go for the Gold (Winter	Ready, Set, Winter!	The Big Freeze
Olympics)	Rink Around the Rosie	The Slopes are Calling
Hockey Fun (little boy's	Skate it Out	Tis the Season to Skate
birthday)	Skate on Over	(sled, etc.)
Hot Cocoa & Snow Angels	Skating Warms the Heart	Warm up with Friendship
Hot Cocoa Night	Ski Lodge	Winter Bonfire & Smores
Ice Skating Party	Ski Pass	Winter Lock In
Let it Snow		(overnight)
Let's Skate	Ski Season	Winter Olympics Party
Lockdown for Winter	Ski Trip	Winter Sledding Party (or
(lock in)	Sled in for Fun	skiing, etc.)
Oh, What Fun	Sleigh on Over	Winter Wonders

### **Spiritual & General Applications**

- Focus on being active for Christ, even though it's winter.
- Focus on running the race for Christ. (Hebrews 12:1, 2)
- Focus on friendships and fellowship through winter outings.

### **Theme Verse Suggestions**

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Hebrews 12:1 (KJV) Wherefore comfort yourselves together, and edify one another, even as also ye do. I Thessalonians 5:11 (KJV)

### **Devotional Starter & Workshop Ideas**

- Download the "Winter Sports" Devotional Writing Starters <u>https://www.juliabettencourt.com/womens-ministry/devotional-</u> <u>helps/winter-sports-devotional-writing-ideas.pdf</u>
- Download the "Winter" Devotional Writing Starters
   <u>https://www.juliabettencourt.com/handouts/group-shares/DEVOTIONAL-IDEAS-winter-wonderland.pdf</u>
- Download the "Mountain" Devotional Starter. <u>https://www.juliabettencourt.com/womens-</u> <u>ministry/devotionalhelps/devotional-starter-mountain.pdf</u>
- Find all of my devotional collection books on Amazon.
   <u>http://www.amazon.com/author/juliabettencourt</u>

## Simple Decorating

- "Fake" snowballs
- Ice skates
- International flags (Winter Olympics)
- Mittens/gloves
- Quilts/throws
- Ski poles
- Skis

- Snow boards
- Snow boots
- Snow jackets/suits
- Snow lodge/cabin type decor
- Snowflakes (cut-outs or ornaments)
- Snowshoes
- Warm scarves
- Simple Décor: Tray filled with "fake" snowballs, winter mug, large cozy mittens, warm scarf, etc.
- Ski trail signs (such as "Polar Bear Peak" "Whale's Tail" "Bunny Slope", etc. Make some up and use your imagination!) Just an FYI, certain color ski trail signs mean different things. Blue is usually beginner and so on. Look up their meanings in your favorite search engine. Also, a black diamond on the sign usually means the toughest and most dangerous.

### Icebreakers

#### Winter Olympic Games

Do some relay games such as running with a large marshmallow on a tiny spoon. Dressing in a snowsuit the fastest, etc.

#### **Indoor Snowball Fight**

Packaged indoor snowballs can be found at various stores around Christmas.

#### **Outdoor Snowball Fight**

Make rules of engagement such as no "face hits", no "hard hits", no packing ice, etc.

#### Snowman Building Contest

Obviously, this one's for those who have snow on the ground. Have teams to make the most complete snowman in so many minutes. Set a timer.

#### **Table Discussion**

Download the General Discussion Questions

https://www.juliabettencourt.com/womens-ministry/icebreakers/1ST-QUESTIONLIST-general-get-to-know-you.pdf

#### **Discussion Starters**

- How many of you ski?
- How many of you ice skate?
- What is your favorite winter activity?
- How many of you watch the Winter Olympics each year?
- If so, what is your favorite activity to watch?

### Music

- *Higher Ground* (Oatman)
- Victory in Jesus (Bartlett)
- Jesus Calls us, O'er the Tumult (Alexander)

### **Favor Ideas**

- Award Medals (Winter Olympics)
- Beanie
- Boot socks
- Earmuffs
- Flashlight keychains
- Fuzzy/cozy socks
- Hand cream
- Hand warmers

### **Door Prize Ideas**

- Blanket/throw
- Cozy mittens
- Devotional book
- Flashlight
- Mug
- Package of indoor snowballs
- Gift certificate for coffee shop
- Gift certificate to an ice-skating
- Bag of rock salt (for those in cold weather areas)
- Winter gift basket: Winter scarf, hat, mittens, mug, hot cocoa, peppermints, book, cozy slippers, etc.

- Lip balm
- Mittens/gloves
- Mug
- Packaged hot coca
- Packaged hot tea
- Packaged Smore's
- Snowflake ornament
- Winter scarf

- Snow shovel
- Warm socks
- Winter hat
- Winter robe
- Winter scarf

• Winter emergency basket: flashlight and batteries, blanket, phone charger, car emergency supplies (flares, etc.), battery operated candles, non electric can opener, snacks, first aid kit, etc.

### Just for Fun

#### Winter Olympics Party

During an Olympic year, have a get-together during the broadcasting of the Winter Olympics and watch some of the activities together.

#### Winter Craft

Do a winter craft as a group such as glittered snowflakes, winter wreaths, etc.

#### **Winter Activity**

Go as a group to an ice skating rink, take a short winter hike (or walk), go caroling if it is before Christmas, go on a ski trip, etc.

### Food & Serving

- Cozy foods
- Macaroni and cheese
- Chili
- Soups
- Ski Poles Pretzel rods with one end dipped in white chocolate
- Snowball cookies (wedding cookies with powdered sugar coating)

### **Photo Source**

• Want the photo used for the page title of this theme? Find the original at Pixabay here.

https://pixabay.com/photos/red-vintage-car-winter-pines-1876035/

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