

Chilled

Julia Bettencourt

There is something about being filled and satisfied, especially in winter. I don't feel satisfied until I have some heat on in the house. I tend to drink those coffees, hot chocolates, and warm drinks to warm me. I even tend to cook more heavier and satisfying meals in the winter. If I am going to be *chilled*, I guess I want to be *filled*!

I can't be the only one who feels that way, so I think this makes a great event theme for everyone. It's all about being joyful in the winter.



Chilled Event Theme Concept

—Originally posted January 22, 2011

—Originally titled “Chilled but Filled”

—Updated November 18, 2021

The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I give you lots of info and ideas—You pick just a few to enhance your event. More ideas can be used for showers and parties, but less is always more for ministry events.*

Theme Title Ideas

- A Blessing Filled Winter
- Beyond Winter's Chill
- Blessings in Winter
- Bundle up with Blessings
- Bundle up with Friendship
- Calm, Chilled, & Collected
- Chilled but Filled
- Chilled, but Thrilled
- Chilly Days
- Chilly Days Chili Party
- Cozied up with Friendship
- Dashing Through the Snow
- Filled to Overflowing
- Filler' Up!
- Freezin' Season
- Frozen Hands - Warm Hearts
- Happy Snow Days
- In Spite of the Cold
- Joy in Winter
- Joy Overflowing
- Let it Go!
- Penguin Baby Shower
- Penguin Friends
- Polar Bear Baby Shower
- Snow Friends
- Snow Much Fun
- Snow much Heart
- Snowflake Friends
- Snug as a Bug (baby shower)
- Thrilled to the Bone
- Warm Hearts
- Warm up to Friendship
- Warming up to Service
- Winter Wonderland
- Winter Woodland Friends (baby shower/birthday)

Spiritual & General Applications

- Focus on being filled and satisfied with Christ even though it may be a little chilly outside.
- Focus on being filled with joy in the winter.
- Focus on being filled with the Holy Spirit.
- Focus on friendships in winter.

Theme Verse Suggestions

For he satisfieth the longing soul, and filleth the hungry soul with goodness.
Psalm 107:9 (KJV)

Let my mouth be filled with thy praise and with thy honour all the day. Psalm 71:8 (KJV)

Devotional Starter & Workshop Ideas

- Download the "Chilled" Devotional Writing Starters
<https://www.juliabettencourt.com/womens-ministry/devotional-helps/chilled-winter-devotional-writing-ideas.pdf>
- Download the "Winter" Devotional Writing Starters
<https://www.juliabettencourt.com/handouts/group-shares/DEVOTIONAL-IDEAS-winter-wonderland.pdf>
- Download the "What Makes us Full" Outline.
<https://www.juliabettencourt.com/womens-ministry/devotional-helps/what-makes-us-full.pdf>
- Find all of my devotional collections on Amazon.
<http://www.amazon.com/author/juliabettencourt>

Simple Decorating

- Penguin decor
- Polar Bear decor
- Snowmen decor
- Snowflake décor/ornaments
- Ice Skates, Sleds, and Winter sports equipment
- Hats, Gloves, Scarves
- Mittens (Try putting them on string as a garland)
- Icicles (check for the plastic Christmas ornament ones)
- Snow Globes

Icebreakers

Use a Pass the Gift Game for a Snow Globe Exchange

<https://www.juliabettencourt.com/womens-ministry/icebreakers/gift-passing-games.pdf>

Laughter Filled

Get “filled” with laughter and share a few jokes or start with a clip of a funny video or a Christian comedian speaker/video.

Discussion Starters

- *What’s your favorite winter animal?*
- *Do you like living in the snow? (or not having snow----depending on your location)*
- *What is the best part of snow weather?*
- *What is the worst part of snow weather?*

Music

- *Fill My Cup* (Blanchard)
- *Spirit of the Living God* (Iverson)
- *Walking in a Winter Wonderland*

Favor Ideas

- | | |
|---|----------------------------|
| • Cider Packets | • Hand Cream |
| • Hand warmers | • Mug cozie/cozy |
| • Hot Chocolate Mix | • Mug rug |
| • Ice Scrapers | • Pair of Mittens |
| • Lip balms | • Small snow globes |
| • Moisturizing bar soap (Christmas wrapped) | • Snow Caps Candy |
| | • Snowflake decor/ornament |

- Teabags
- Winter cookie cutter
- Packaged Snowflake/Mitten shaped cookies
- Snowman Soup (marshmallows/hot cocoa mix)
- Winter scarf
- Winter mug
- Winter scarf

Door Prize Ideas

- Bag of Rock Salt (for snow weather)
- Blanket/throw
- Classic book
- Devotional book
- Electric teapot
- Hat, glove, scarf set
- Ice scraper
- Winter Gift Basket: mugs, hot cocoa mix, winter scarf, mittens, hand warmers, book, candle, etc.
- Snow globe
- Snowflake decor/ornament
- Snowmen décor
- Sweatshirt with Christian saying
- Twinkle light string
- Winter cookbooks (stews, soups)
- Winter mug/set
- Winter scented candle

Just for Fun

Craft Project

Make a winter craft together such as work on quilts, make mug rugs, mug cozies, snowflake crafts, recycled sweater crafts, or winter wreaths together.

Winter Mixes Share

Share recipes for hot drink mixes such as homemade hot cocoa mix, teas, ciders.

Outreach Project

Make winter greeting cards for shut-ins and elderly.

Snow Globe Exchange

Have your guests exchange snow globes. Be sure to set a price range.

Food & Serving

- Soup and sandwiches
- Chili
- Meatloaf/macaroni and cheese (comfort foods)
- Stew (or something hearty)
- Snowball cookies

Photo Source

- Want the photo used for the page title of this theme? Find the original and a coordinating one at Pixabay here.
 - <https://pixabay.com/photos/snow-winter-mittens-snowflake-cold-1918794/>
 - <https://pixabay.com/photos/coffee-mug-winter-drink-coffee-mug-1156595/>

See more ideas along this line on the “Christmas Cup” Event Theme.

<https://www.juliabettencourt.com/womens-ministry/theme-helps/cup-Christmas-party-ideas.pdf>

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