



# Endurance

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Sometimes winters are all about enduring them because they can get so cold. Things stop in the cold, especially when there is snow and ice. Streets have to be cleared. There are school closures. There is the chance the electricity will go out because of the weight of the snow on the power lines. Sewer lines and water pipes can burst.

Oh, so many things to get through and endure a cold hard winter!

I think this can make a good event theme because people need encouragement and fellowship with friends and family in their lives and much more so in the winter of their lives.

## Endurance Winter Theme Concept

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—Originally titled "Enduring the Winter"

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The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I give you lots of info and ideas—You pick just a few to enhance your event.* More ideas can be used for showers and parties, but *less is always more* for ministry events.

## Theme Title Ideas

- A Cold Journey
- According to His Purpose
- Catching the Drift
- Coming Through Winter
- Contented in the Cold
- Day by Day (New Year)
- Encountering Winter
- Endure
- Enduring the Winter
- Experiencing Winter
- Joy in January
- Joy in the Journey
- Joybound
- Let it Go!
- Let It Snow!
- Living Beyond Defeat
- Only in Winter
- Overcome
- Overcoming The Winter Wearies
- Pressing Toward the Mark
- Reaching Forth
- Seeing God in Winter
- Snowbound
- Snowbound but Headed Joybound
- Survival of the Fittest
- Survive
- The Big Meltdown
- The Chill Factor
- Through the Long Winter
- Through the Snow
- When Winter Comes
- Winter Wonderland
- Winterized

## Spiritual & General Applications

- Focus on coming through the trials and "winters" of our lives.
- Focus on learning survival skills (physical and spiritual).
- Focus on seeing God's hand in our cold journeys of life.
- Focus on celebrating those who are and have endured hardships.

## Theme Verse Suggestions

*For I have learned, in whatsoever state I am, therewith to be content.* Philippians 4:11 (KJV)

*And we know that all things work together for good to them that love God, to them who are the called according to his purpose.* Romans 8:28 (KJV)

## Devotional Starter & Workshop Ideas

- Download the "Winter Endurance" Devotional Writing Starters  
<https://www.juliabettencourt.com/womens-ministry/devotional-helps/winter-endurance-devotional-writing-ideas.pdf>
- Download the "Winter" Devotional Writing Starters  
<https://www.juliabettencourt.com/handouts/group-shares/DEVOTIONAL-IDEAS-winter-wonderland.pdf>
- Find all of my devotional collection books on Amazon.  
<http://www.amazon.com/author/juliabettencourt>

## Simple Decorating

- Sleds
- Skies
- Buckets of fake snowballs
- Snowflake decor
- Snowmen décor
- Scarves
- Mittens
- Hats
- Blankets/throws
- Simple Décor: Tray filled with winter items, snowman décor, snowflake décor, candle, etc.

# Icebreakers

## Table Discussion

Download the General Discussion Questions

<https://www.juliabettencourt.com/womens-ministry/icebreakers/1ST-QUESTION-LIST-general-get-to-know-you.pdf>

Download the Christian Women Discussion Questions

<https://www.juliabettencourt.com/womens-ministry/icebreakers/2nd-QUESTION-LIST-Christian-get-to-know-you.pdf>

## Discussion Starters

- *What is the coldest winter that you can remember? Tell us about it.*
- *What makes you have meltdowns (emotional trauma) in winter?*
- *How low does the temperature have to drop before you are uncomfortable?*
- *Is your family prepared for a harsh winter/blizzard?*
- *What type of things do you keep on hand for snow weather emergencies?*
- *What helps you keep going through your winters (trials) in life?*

## Music

- *In His Time* (Ball)
- *Day by Day* (Sandell)
- *Under His Wings* (Cushing)
- *Till the Storm Passes By* (Lister)

## Favor Ideas

- Candle
- Flashlight
- Cozy/warm socks
- Hand cream

- Hand warmers
- Ices scraper
- Journal
- Mittens
- Mug
- Packaged hot cocoa or tea
- Packaged trail mix
- Protein bar
- Snow globes
- Snowflake ornament
- Snowman figurine
- Snowman ornament

## **Door Prize Ideas**

Bag of rock salt (for snow weather)

Car emergency kit

Cozy/warm socks

Devotional book

Emergency candles

Flashlight

Gallon of antifreeze

Hand/feet warmers

Ice scraper

Journal

Mittens/gloves

Snow shovel

Throw/blanket

Winter scarf

Winter Emergency Kit: jug of bottled water, flashlight, few cans of beans with a hand can opener, jar of peanut butter, crackers, etc. Add in a few emergency candles.

## **Just for Fun**

### **Outreach**

Collect food for gifting those people/families in your community going through a rough “winter”.

## **Food & Serving**

- Soup & Salad Supper
- Chili Dinner

- Warm dips and snacks
- Cozy foods such as stew, macaroni and cheese, etc.

## Photo Source

- Want the photo used for the page title of this theme? Find the original and corresponding one at Unsplash.

<https://unsplash.com/photos/DVycHgceyFU>

<https://unsplash.com/photos/jp2g4xXI5QQ>

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