

Sunflowers

Julia Bettencourt



I'm a lover of all flowers, but there is something about Sunflowers that makes me smile. Maybe its those bright petals. Maybe because when they sway in the breeze they look so happy.

My father used to plant a few rows of Sunflowers all along our gardens when I was a kid, so they hold memories for me as well.

I hope you will enjoy this theme. It's all about those sunflowers reaching to the

sky! It makes a great Christian women's event theme because we can talk about the true SON, Jesus!

Sunflowers Event Concept

—Originally Posted January 22, 2011

—Updated October 14, 2021

—Originally titled, "Following the SON" or "SON-Flowers"

The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I* give you *lots* of info and ideas—*You* pick just a *few* to enhance your event. More ideas can be used for showers and parties, but *less is always more* for ministry events.

Theme Title Ideas

- Baby in Bloom (baby shower)
- Bright & Sunny
- Follow On
- Follow the SON
- Garden of SON
- Growing Tall
- I Have Decided (to follow Jesus)
- I Will Follow
- Put on a Happy Face
- Seeds of Happiness
- Shine Bright!
- SON-Flowers
- SON-Flower Days
- SON Followers
- SON-Lit Paths
- Stand Tall
- Sunny Spirits (Joy in the Lord)
- Tall and Strong
- You are my Sunshine (baby shower)
- Worship The SON
- Where He Leads

Spiritual & General Applications

- Focus on being a SON-Flower and following the SON of God.
- Focus on the Light of the World (Jesus).
- Use this theme for a late summer or fall party.

Theme Verse Suggestions

*For the LORD God is a sun and shield:
the LORD will give grace and glory: no
good thing will he withhold from them
that walk uprightly. Psalm 84:11
(KJV)*

*Be ye therefore followers of God...
Ephesians 5:1 (KJV)*

Devotional Starters and Workshop Ideas

- Study the concept of “following” Jesus like Sunflowers do the sun.
- Study the concept of SON (Jesus) worship and what it means.
- My “SON-flowers” devotional originally written for this theme can be found in the “Awed & Amazed” Devotional Collection on Amazon. Find my Amazon Author Page here.

<http://www.amazon.com/author/juliabettencourt>

Simple Decorating

- Decorate using lots of sunflowers.
- Sunflower arrangements in mason jars for tables
- Simple Décor: Tray filled with a vase of Sunflowers, a Bible, and a few bright yellow objects.

Ice Breakers

Discussion questions for this theme.

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| • What are some ways as Christians that we can track the Son (Christ)? | • What are some things that make us resemble the Son (look Christ-like)? |
| • What things can we do to stabilize ourselves as Christians? | • Who does Ephesians 5:1 say we should be followers of? |
| • What are some ways we can spread seeds of the Gospel? | • What is the importance of following the Son and living Christ-like according to Ephesians 5:16? |
| • What are some things that hold us back from sowing those Gospel seeds? | |

Music

- *Follow On* (Cushing)
- *Have Decided To Follow Jesus* (Singh)
- *Where He Leads Me* (Blandly)
- *Stepping in the Light* (Hewitt)

Favor Ideas

- Packet of Sunflower seeds (to plant)
- Package of Sunflower seeds (to eat)
- Sunflower magnets
- Sunflower embellished Note Pads/To Do Lists (check your \$ stores)
- Anything embellished with a sunflower

Door Prize Ideas

- Anything embellished with sunflowers. You might find, dishtowels, mugs, note pads, aprons, stationary, etc.
- Book on Sunflowers
- Sunflower Planting Kit (Sunflower seed packets, small garden tools, garden pot)
- Bible
- Journal

Food and Serving Ideas

- Sunflower cupcakes or cake
- Sunflower seeds
- Dishes of yellow candy

Photo Source

Looking for the photo used at the top of this page and coordinating ones?
Find them on Unsplash.

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