

Seasons

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This one is all about those seasons of life that we all go through.

Sometimes it's an up and down thing (like a yo-yo). And sometimes we get stuck or tangled up like the string of a yo-yo too. Or we feel like our strings are broken and we don't bounce back like we once did.

Life is a process.



Seasons Event Concept

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The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I give you lots of info and ideas— You pick just a few to enhance your event. More ideas can be used for showers and parties, but less is always more for ministry events.*

Theme Title Ideas

- A Time for Everything
- Changing Seasons
- Embrace the Season
- Finding Joy in Life's Seasons
- Going Up -- Going Down
- Joy in the Journey
- Joys and Sorrows
- Living through Change
- Loving the Season
- Mountaintops & Valleys
- The Journey of Life
- The Seasons of Life
- Tis the Season
- To Everything there is a Season
- Ups and Downs
- Yo Yo's!

Spiritual & General Applications

- Concentrating on the seasons of life. Yo yos - ups and downs.
- Relying on Christ when going through our ups and downs.
- Going through the seasons of life; enduring change.

Theme Verse Suggestions

- *A time to weep, and a time to laugh; a time to mourn, and a time to dance; Ecclesiastes 3:4 (KJV)*
- *And he changeth the times and the seasons: he removeth kings, and setteth up kings: he giveth wisdom unto the wise, and knowledge to them that know understanding: (KJV)*
- *And let us not be weary in well doing: for in due season we shall reap, if we faint not. Galatians 6:9 (KJV)*

Devotional Starters and Workshop Ideas

- Seasonal Views Devotional "Starter"
<https://www.juliabettencourt.com/downloads/devotional/seasons-devotional-starters.pdf>
- Do a study David's life. He went through so many ups and downs. We see him at his hilltops praising God and we see him at his lowest crying out for God's mercy.
- Using the yo-yo as an example, talk about our ups and downs in life. Also, sometimes we get stuck, just like when we try to make the yo-yo go up and down and we go too fast or try to do it too slowly.
- Talk about the reason and purposes of every season in our lives.
- Talk about embracing the season of life that you are in now.
- Talk about living on mountaintops and living in the valleys of life.

Simple Decorating

- Decorate for all four seasons
- Make murals of all four seasons
- Simple décor: Use a tray of various items from different seasons such as seashells, flowers, Christmas ornaments, and fall leaves and mini pumpkins.

Ice Breakers

If you have any team games, call your teams - Winter, Spring, Summer, Fall.

Yo Yo Contest

Form two teams. Give each team a yo yo. Have each lady make their yo yo go down and up at least twice before passing to the next lady.

Discussion Starter Questions:

- *What is the happiest or highest point (your up) you went through in your life?*
- *What is the lowest point (your down) you've went through in your life?*
- *What do you do when you feel like you are in a "valley" in life?*
- *What do you do when you feel like you are on a "mountaintop" in life?*
- *What are some things that make you feel "down"?*
- *What are some things that make you feel "up"?*

Music

No suggestions

Favor Ideas

- Yo Yos (Add a Bible verse tag.)
- Anything Seasonal such as a small flower, mini pumpkin, Christmas ornament, etc.
- You may want to do a favor with something to represent the season you are in.
- Mini calendars

Door Prize Ideas

- Devotional book
- Encouraging book
- Coffee gift card

Just for Fun

Table Event

Assign teams for your ladies to decorate tables for one of the seasons.

Food and Serving

- Food to represent all four seasons--summer salads, fall soups, etc.
- Have a sign-up list for your guests to bring food representing one of the four seasons.

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