

# Olympics

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The Olympic Games are part of the very culture. Face it. We like to compete. Who is stronger? Who is faster? Who can endure the longest? Who has the best skills?

The Olympics bring all type of people together. There are so many different events in the Olympics, so it encompasses people with different interests. All manner of countries are involved so that brings a variety of people together to focus on one single thing.

Olympic parties are a great way to come together to root with and for people that you don't even know! It's a great coming to together with unity theme.

## Olympic Theme Concept

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The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I give you lots of info and ideas—You pick just a few to enhance your event. More ideas can be used for showers and parties, but less is always more for ministry events.*



## Theme Title Ideas

|                               |                        |                        |
|-------------------------------|------------------------|------------------------|
| Amazing Race                  | Join the Team          | Ready, Set, Go         |
| Challenged                    | Made to Win            | Run the Race (Running) |
| Champions                     | Making History         | Running the Race       |
| Endure (endurance)            | More than a Game       | Steadfast              |
| Epic                          | More than Champions    | Steadfast & Immovable  |
| Finding the Edge<br>(skating) | More Than Gold         | Stronger               |
| For the Glory                 | Never Back Down        | Summer Olympics Party  |
| Go Figure (skate night)       | Not Defeated           | The Thrill of Victory  |
| Go for the Gold (Going)       | On the Slopes          | The Winner's Circle    |
| Ice Skating Party             | Only the Best          | Triumph                |
| Immovable                     | Party of Champions     | Pursuing Unity         |
| International Dinner          | Pass the Torch         | Victory                |
| International Party           | Performance            | Winning in Mind        |
|                               | Practice Makes Perfect | Winter Olympics Party  |

## Spiritual & General Applications

- Focus on being steadfast and immovable (1 Corinthians 15:58)
- Focus on running the race for Christ. (Hebrews 12:1, 2)
- Focus on being strong in Christ. (Philippians 4:13)
- Focus on being overcomers (John 16:33)
- Focus on unity by celebrating the Olympic Games by coming together with friendship and international foods.

## Theme Verse Suggestions

*Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain. 1 Corinthians 9:24 (KJV)*

*Holding forth the word of life; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain. Philippians 2:16 (KJV)*

*I have fought a good fight, I have finished my course, I have kept the faith. 2 Timothy 4:7 (KJV)*

*Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Hebrews 12:1 (KJV)*

## Devotional Starter & Workshop Ideas

- Download the "Olympics" Devotional Writing Starters  
<https://www.juliabettencourt.com/blog/olympic-christian-writing-ideas/>
- Download the "Winter Sports" Devotional Writing Starters  
<https://www.juliabettencourt.com/womens-ministry/devotional-helps/winter-sports-devotional-writing-ideas.pdf>
- Find all of my devotional collection books on Amazon.  
<http://www.amazon.com/author/juliabettencourt>

## Simple Decorating

- International flags
- Flags of your own country
- Medals
- Trophies
- Framed photos of Olympians

- Use hula hoops for Olympic Rings Display. (you may have to paint for correct colors)
- Winter items for Winter Olympics (mittens, snowshoes, etc.)
- Summer items for Summer Olympics (Pool gear, etc.)
- Simple Décor: Tray filled with trophies, medals, framed photos of Olympians, etc.

## Icebreakers

### Team Names

Use the name of different countries for team names for games.

### Relay Games

Do some relay games such as running with a large marshmallow or cotton ball on a tiny spoon, pass a cup of water (in place of torch) without spilling, dress in a snowsuit the fastest (for winter), etc.

### Game Prizes

Give out medals on ribbon for prizes.

### Discussion Starters

- *How many of you do any sports activities?*
- *How many of you were involved in a sports activity in high school or college? If so, what was it? Was it a good experience?*
- *How many of you faithfully watch the Olympics each time it comes around?*
- *Do you have a favorite Olympian? (past or present)*
- *What is your favorite activity/sport to watch during the Winter Olympics?*
- *What is your favorite activity/sport to watch during the Summer Olympics?*
- *Have any of you ever attended the Olympics? If so, where was it held?*

## Music

- *Victory in Jesus* (Bartlett)
- *Leaning on the Everlasting Arms* (Hoffman)
- *Onward Christian Soldiers* (Baring-Gould)

## Favor Ideas Summer Olympics

- Anything with a flamingo
- Award Medals
- Beach ball
- Exercise bands
- Flip flops
- Jump rope
- Packaged lemonade mix
- Olympic novelty items
- Pool floatie/toy
- Seashells
- Summer drink cup
- Summer hat/visor
- Sunglasses
- Sunglasses case
- Sweat bands

## Door Prize Ideas Summer Olympics

- Devotional book
- Gift certificate to an ice cream shop
- Mini sand pail with candy
- Olympic novelty items
- Summer gift basket: flip flops, sunglasses, ice cream toppings, and ice-cream fixings, summer drink cup, book, etc.
- Pool floatie/toy
- Pool noodle
- Popsicle mold
- Sunglasses and case
- Sweat bands

## Favor Ideas Winter Olympics

- Award Medals
- Beanie
- Boot socks
- Exercise bands
- Fuzzy/cozy socks
- Hand warmers
- Lip balm
- Mittens/gloves

- Packaged hot coca
- Packaged hot tea
- Winter scarf

## **Door Prize Ideas Winter Olympics**

- Blanket/throw
- Cozy mittens
- Devotional book
- Exercise ball
- Gift certificate for coffee shop
- Gift certificate to an ice-skating
- Winter health/exercise basket: Line with a winter scarf. Add in small weights (such as ankle, wrist, small dumbbells), exercise bands, pedometer, healthy cookbook, etc.
- Warm socks
- Winter hat
- Winter scarf
- Wrist/ankle weights (or any strength training items)

## **Just for Fun**

### **Olympic Schedule**

Use some of the things on the Olympics Schedule at your event, such as during the “opening ceremony” play the national anthem, have a parade of athletes (if you will be having games/competitions), lighting the torch, etc.

See the factsheets on [www.olympics.com](http://www.olympics.com) for ideas.

### **Summer or Winter Olympics Party**

During an Olympic year, have a get-together during the broadcasting of the Olympic Games and watch some of the activities together.

### **Summer Activity**

Go hiking, bike riding, swimming, or some other summer activity together.

## **Winter Activity**

Go as a group to an ice skating rink, take a short winter hike (or walk), go caroling if it is before Christmas, go on a ski trip, etc.

## **Around the World Potluck or International Dinner**

Assign food dishes for various countries and have a potluck.

## **Missionary Emphasis** (Thanks to Erica, one of my followers, for this idea)

- Use this time to highlight missionaries in certain countries that your church supports, or make gift items to send to them.
- Or create a card at the ladies meeting to send to the missionary wives.
- Use a missionary's wife as the speaker or another lady that might have worked to gain her citizenship and apply it to the fact that our citizenship is in heaven if we know the Lord as our Savior

## **Invitation Wording**

- *Let the Games Begin...*
- *Meet us at the Finish Line...*
- *Join us for a Party of Champions...*
- *Join the Competition...*
- *Join us for an International Dinner Party...*

## **Food & Serving**

- Soups and chilis for winter
- Salads, summer fruit, or grilling for summer
- Donuts iced in Olympic ring colors
- A dessert theme where everyone brings their dessert in the shape of a ring or circle (bundt cakes, Jello molds, donuts, anything done with round molds or bundt pans.
- International foods

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