# Sewing

Julia Bettencourt

I used to sew a lot when I was in high school and then in my twenties when my oldest daughter was little. Over the years though, I just gradually stopped. I went from sewing clothes to only sewing crafts. Now I only hem curtains or a pair of pants from time to time. Okay, or maybe sew on a button.

I think it's a great skill to have though. When we didn't have much money, my daughter still looked so up to date in

FOR SHOWERS, PARTIES, WOMEN'S MINISTRY RETREATS, ETC.

matching hairbows for all her dresses.

all those dresses I made her. She had matching hairbows for all her dresses. Beautiful dresses and matching hair bows for little girls was big in the 80's.

# **Sewing Theme Concept**

Combining three older themes together for this one.

- -Originally posted September 06, 2005, titled, "Pattern for Living"
- —Originally posted September 06, 2005, titled, "Buttons, Bows, & Blessings"
- -Originally posted March 01, 2011, titled, "Quilted Together"
- -Combined & Updated November 10, 2021

The event themes on the website can be used for showers, parties, women's ministry retreats and activities, or church functions. Each theme will have one or several possible spiritual applications. *I* give you *lots* of info and ideas—*You* pick just a *few* to enhance your event. More ideas can be used for showers and parties, but *less* is always more for ministry events.

### **Theme Title Ideas**

- Better by Design
- Bright Buttons
- Building Blocks
- Button Blessings
- Button, Button.
   Whose Got the Button?
- Cute as a Button (baby shower)
- Don't Be Square
- Embellished
- Embellishing The Body of Christ
- Eye of a Needle
- Family: A Patchwork of Love
- Fastened Together in Christ
- Friends: A Patchwork of Love
- Friendship Quilt
- Godly Pattern for Living

- In Stitches
- In The Button Box
- Master Designer
- Material Girls Sewing Night
- Mending the Soul
- Patchwork Friends
- Pattern for Living
- Patterned After God
- Patterns of Faith
- Piece & Love
- *Piece*makers
- Put a Little Zip in Your Life!
- Quilted In Love
- Quilted Together
- Quilted Together
- Ribbons & Trims
- Sew Adorable (baby shower)

- Sew Cute (baby shower or little girl's birthday)
- Sew Glad We're Friends
- Sew Little Time
- Sew Much Fun!
- Sew Thankful
- Sewn In Love
- Stitch Away Your Stress
- Stitched Together (with love)
- Stitches in Time
- Tailor-Made
- Trimmed to Perfection
- When Life Gives You Scraps
- With Hearts and Hands
- You Are Sew Special

# **Spiritual & General Applications**

- Focus on making a pattern for our lives through the instructions of the Bible.
- Focus on being stitched or quilted together in love.
- Focus on how we embellish each other in the body of Christ. (our gifts)
- Focus on being attached to Christ and how nothing can take our Salvation away.
- Celebrate a birthday and or any occasion with a sewing party.

# **Theme Verse Suggestions**

In all things shewing thyself a pattern of good works... Titus 2:7a (KJV)

But unto every one of us is given grace according to the measure of the gift of Christ. Ephesians 4:7 (KJV)

In the multitude of my thoughts within me thy comforts delight my soul. Proverbs 94:19 (KJV)

# **Devotional Starter & Workshop Ideas**

- Download the "Sewing" Devotional Writing Starters.
   <a href="https://www.juliabettencourt.com/womens-ministry/devotional-helps/sewing-life-plan-devotional-starters.pdf">https://www.juliabettencourt.com/womens-ministry/devotional-helps/sewing-life-plan-devotional-starters.pdf</a>
- Download the "Button" Devotional Writing Starters.
   <a href="https://www.juliabettencourt.com/womens-ministry/devotional-helps/button-devotional-article-prompts.pdf">https://www.juliabettencourt.com/womens-ministry/devotional-helps/button-devotional-article-prompts.pdf</a>
- Find all my devotional collections on my Amazon Author Page.
   http://www.amazon.com/author/juliabettencourt

# **Simple Decorating**

- Bolts/folds of material
- Buttons (in jars or tins)
- Dress forms
- Fabric tape measures
- Patterns
- Pin cushions
- Quilts
- Sewing/Quilting books on display
- Large buttons of construction paper or posterboard. Punch holes and crisscross yard in the centers.

- Ribbon banners
- Ribbon wreaths
- Sewing boxes
- Sewing machines
- Spools of thread
- Trim/ribbon rolls

• Simple Décor: Tray filled with sewing objects such as patterns, thread, jar of buttons, etc. Line with fabric.

### **Icebreakers**

#### Sew on the Button

Who can sew on so many buttons (perhaps 5) the fastest?

You Will Need: fabric pieces, buttons, needles, and thread--maybe needle threaders:)

#### **Button Count**

Fill a jar with buttons and have everyone guess the number and give the one closest to the correct answer a prize.

### Rip It!

Have a long fabric seam sewn together for each team. Make the seam no more than 10 or 12 inches long. Give a seam ripper to each team. First team to rip out the seam wins!

#### **Table Discussion**

Download the General Discussion Questions

https://www.juliabettencourt.com/womens-ministry/icebreakers/1ST-QUESTION-LIST-general-get-to-know-you.pdf

Download the Christian Women Discussion Questions

https://www.juliabettencourt.com/womens-ministry/icebreakers/2nd-QUESTION-LIST-Christian-get-to-know-you.pdf

#### **Discussion Starters**

- How many of you sew?
- What type of items is your favorite to sew?
- Do you prefer solids or patterned fabric for clothes?
- If you sew, do you prefer making clothes or crafts/home décor?
- Do you always follow the pattern?
- What has been the pattern of your life so far? (Where are you at? What are you doing?)

## Music

- Play some soft background music if you are going to be chatting and sewing together for your event.
- More Like Jesus I Would Be (Crosby)
- Take My Life, and Let it Be (Havergal)

# **Favor Ideas**

- Box of sewing pins
- Card of Buttons
- Magnifying glass
- Needle Threader
- Package of needles

- Pincushion
- Seam ripper
- Sewing Kits
- Spool of Thread
- Thimble
- Sewing Tape Measure (add tag with Ephesians 4:7)

# **Door Prize Ideas**

- Sewing box or basket
- Fabric wreath
- Devotional book
- Card of novelty buttons

- Tote bag
- Scissors
- Craft tote
- Quilt

Craft Magnifier

• Fabric fat quarter bundle

- Pincushion
- Gift certificate to a fabric/craft store.
- Sewing gift basket: Fabric fat quarters, spools of thread, seam ripper, scissors, pin cushion, etc.

### **Just for Fun**

#### Sewing & a Movie

"In Stitches". Have everyone bring in their sewing projects and watch a comedy together.

#### **Wreath Project**

Do a group project and decorate wreath forms with ribbons, thread spools, and other sewing items.

## **Pincushion Project**

Make pin cushions together as a group. Search online for some fun and easy styles to create.

# **Charity Project**

Introduce a sewing charity project such as sewing chemo caps for cancer patients or lap quilts for nursing homes.

#### Sew & Tell

Have your ladies bring in hand sewn items (by them or someone else) and allow them to share a little about the piece and why it is special to them. You may have anything from homemade wedding dresses and quilts to hand sewn bunnies:) If you have a large group (or talkative ladies) you may want to give a time limit for each one.

#### **Fashion Show**

If you have people that sew, perhaps have them wear something they've made themselves.

### **Sewing Display**

Display projects that your guests have made by hand.

# Food & Serving

- Novelty cookies shaped like spools or buttons
- Light lunch

## **Photo Source**

• Want the photo used for the page title of this theme? Find the original at Unsplash here.

https://unsplash.com/photos/5FTXPrP2k3c

Copyright ©2005, ©2011, ©2021 Julia Bettencourt. All rights reserved.

#### **Copyright Permission**

You may print this material for planning purposes in hard copy only. You may not reprint any part of this material online in any way or transmit digitally or electronically in any way such as reposting on blogs, offering for downloads, through emails, through social media platforms, etc.