

Spring Cleaning Theme – Spring Cleaning for Heart and Soul

DEVOTIONAL/LESSON STARTERS & WORKSHOP IDEAS

Add in your own points, illustrations, explanations, and relating Bible verses.

Clearing the Clutter

- What is in your way that you are always bumping into spiritually?
- What sticks out like a sore thumb in your Christian life? What doesn't belong?
- What are you always moving around trying to make room for spiritually but don't really need in your life? Is it an activity? Is it a relationship? etc.
- What type of excuses are you piling up to get out of living for the Lord such as putting off time in your Bible and in prayer?
- Do you have anything of the world or flesh that you think you can't give up? Is it like it has sentimental value to you?

Overwhelmed with Clutter or Beneath the Clutter

- What is overtaking you and piling up so that you feel out of control?
- What is messing with your peacefulness?
- Simplify your physical and spiritual life.
- Get back to just the basics you need for soul therapy. God's Word, prayer, Christian fellowship.
- Sometimes it is good to be a minimalist where spiritual living is concerned. We just need God and His Word. Hold on to that and let everything else go.

Squeak, Sparkle, and Shine!

- Squeak - Remove the world. Confess any sin. Get the crud off.
- Sparkle - improve your attitude.

- Shine - Shine your light to the world.

Don't Step on that Lego!

- If you have kids or grandkids, you know that stepping on a Lego in bare feet can cause pain!
- What are you leaving lying around your spiritual home that can harm you when you least expect it?
- In his sermon on "Little Sins", Charles Spurgeon said, "...the best of men have always been afraid of little sins..."

Living Beyond Clutter

- Focus on the freedom of living a devoted life for Christ after letting things go that we don't need.
 - Our past hurts
 - Our past behavior
 - Our past sin
 - Unhealthy relationships
 - Bad habits

Me? A Hoarder?

- Focus in on holding on to material things and elements of our lives that don't promote a spiritually healthy lifestyle.
- Do the "things" we accumulate in our lives and thoughts line up with Philippians 4:8?
- Make a list of what takes up your time.
- Make a list of what you are spending money on.

More or Less

- Focus on more of Christ (Knowing Christ)
- Less of the world
- Philippians 3:10

Devotional Starter Terms of Use:

Feel free to add and expand upon this material to complete your own devotionals and lessons, but please do not share the material as is.

I ask for the sake of the women's ministry leaders and pastor's wives that gather ideas here, that you do not print your finished devotionals online. It will help keep a fresh take for the ladies that attend our women's ministry events (banquets, conferences, retreats, etc.). We don't want what you share in person to be something your guests have already read on Facebook or a blog somewhere or saw on Pinterest. Let's keep it fresh!