# Reflections Theme - Reflections of a Lovely Lady

#### **DEVOTIONAL/LESSON STARTERS & WORKSHOP IDEAS**

Add in your own points, illustrations, explanations, and relating Bible verses.

#### Objects in the Mirror

- They are closer than they appear
- How do you look at sin? Do you think it is farther away than it is?
- You have to be on guard to stay beautiful in Christ.

#### Mirror! Mirror!

- Use examples of beautiful women in the Bible.
- How do we become beautiful using Proverbs 31.

# **Heart Reflections**

- What is deep inside will show on the outside.
- Proverbs 27:19
- Matthew 15:19
- Proverbs 4:23
- Matthew 6:21

# **Identity Crises**

- Are you identifying more with the world than with Christ?
- When others look at you, what do they see?
- 2 Corinthians 5:17
- What reflects back to you from the mirror?
- Find your true purpose in life through Christ
- · Get to know how Christ wants us to live.
  - Luke 6:46-49 ("And why call ye me, Lord, Lord, and do not the things which I say?" vs. 46)

 Micah 6:8 ("...but to do justly, and to love mercy, and to walk humbly with thy God?")

# Ugly Ducklings to Beautiful Swans

- Christ finding us where we are, no matter the condition and accepting us into His family.
- Growing beautiful in Christ.
- Obtaining beautiful attitudes
- Learning to talk beautifully
- Learning to act in a loving and caring way
- Christian maturity helps us reflect to the world in a beautiful way.

#### Making Faces

- Do a study on working through our emotions with the help of the Lord.
- Humans can express a wide range of emotions by facial expressions.
- What are you expressing? Anger, annoyance, happiness, sadness, etc.?
- How do you deal with anger, depression, etc.?
- Have a "mood lift" with the power of Christ.

#### **Devotional Starter Terms of Use:**

Feel free to add and expand upon this material to complete your own devotionals and lessons, but please do not share the material as is.

I ask for the sake of the women's ministry leaders and pastor's wives that gather ideas here, that you do not print your finished devotionals online. It will help keep a fresh take for the ladies that attend our women's ministry events (banquets, conferences, retreats, etc.). We don't want what you share in person to be something your guests have already read on Facebook or a blog somewhere or saw on Pinterest. Let's keep it fresh!