

## Ice Cream Theme: Ice Cream Social

### **DEVOTIONAL/LESSON STARTERS & WORKSHOP IDEAS**

*Add in your own points, illustrations, explanations, and relating Bible verses.*

#### Dips

- Do a study of Romans chapter 8.
- Most of us can appreciate when someone dips that scoop down and brings up ice-cream.
  - To get in in the bowl or in the cone, the scoop has to go through the ice cream to bring any up.
- What are you dipping your life into?
- What are you bringing up?
- Are you scooping through the Word?
- Scraping through worldliness?
- Are you scooping and dipping into prayer?
- Or perhaps this morning you brought up a scoop of anger?
- Perhaps you brought up some hateful words?
- Things that are contrary to Christ don't ever get into us by dipping into the Word and communing with the Lord by prayer.
- Psalm 139:23, 24
- When you look at your *cone of life*, how is it stacking up? What are the flavors that you have chosen?

#### Melting Spirits

- What breaks you down?
- What makes your spirit overwhelmed?
- Who do you turn to when life turns to melting ice cream and you melt to tears?
- Psalm 142:3; 143:7; Matthew 11:28

#### Getting Social

Being social is a whole new ballgame for us today with the advent of the internet and our form of communication through texting and messaging. We interact with other people on a whole different scale. The thing is, as Christians, there are still guidelines and rules to follow.

Everyone else seems to want to throw decency out the window because they hide behind anonymity, but as Christians we still are told to “love”. That’s our main objective through any way that we interact with other people, whether they can actually see and know who we are or whether we are just defined by a little circle or picture with a little square and our username online.

- Social Butterflies
  - First, we should be showing ourselves friendly to other people.
  - Proverbs 18:24
  - Proverbs 17:17
- Social Responsibility
  - When we hear that a business has a “social” responsibility it usually means that how they operate and act is in line with what is socially acceptable.
  - How about us? What is our Christian responsibility? Are we acting and operating our lives in line with what Christ expects of us?
    - The world should know us by our love.
      - John 13:35
      - 1 John chapter 4
    - Other Christians should know us not only by our love but by our encouragement as well.
      - 1 Thessalonians 5:11
      - 1 Peter 4:8-10
      - Hebrews 10:24, 25
- It all boils down to that love.
  - That love that we are to have for others that don’t know Christ so that we can witness to them and tell them of Jesus.
  - That love that we are to show other Christians as we work together in the body of Christ.

### I Scream! You Scream!

- What are you screaming about?
- What do you voice your opinion about?
- Do you share the love of the Lord?
- Do you murmur and complain?
- Is sharing your love for Christ as important as your complaints?

### Meeting Idea

- *Get the Scoop* – Hold an informational meeting about your women’s ministry.

## Workshop (or Devotional) Ideas

- *Freeze! Releasing Your Stress by Knowing God More* – Psalm 46:10; Mark 4:39 Stop and just realize the awesome power of God. Know God more. 2 Peter 3:18
- *Taking a Full Scoop of the Word* – Learn to allow the whole Word of God to enrich your life. Take it in fully. Don't just nibble!
- *A Cold Dish: Allowing God to have Total Control* – Romans 12:18, 19 (*Revenge is a dish best served cold*) Even better not served at all! Romans 8:28; Jeremiah 29:11; Joshua 1:9
- *Taste and See* – Psalm 34:8
- *Scoops of Blessings to Fill Your Life* -\_Psalm 35:27; Psalm 119:103
- *Lovingly Homemade by God* – Psalm 139:14
- *Getting Past Meltdowns* – Keep the right temperature to protect you from meltdowns. Keep regulated with God's Word. Keep regulated by spending time with the Lord. Keep regulated by relying on support and encouragement from other Christians.
- *Keeping Your Cool when Life Gets Hot* – Avoiding anger. Proverbs 16:32
- *Treating Yourself to the Sweet Stuff* – Allow yourself to indulge in God's Word. Psalm 42:1

### **Devotional Starter Terms of Use:**

Feel free to add and expand upon this material to complete your own devotionals and lessons, but please do not share the material as is.

I ask for the sake of the women's ministry leaders and pastor's wives that gather ideas here, that you do not print your finished devotionals online. It will help keep a fresh take for the ladies that attend our women's ministry events (banquets, conferences, retreats, etc.). We don't want what you share in person to be something your guests have already read on Facebook or a blog somewhere or saw on Pinterest. Let's keep it fresh!