

## Anchor/Nautical Theme – Anchored in Christ

### **DEVOTIONAL/LESSON STARTERS & WORKSHOP IDEAS**

*Add in your own points, illustrations, explanations, and relating Bible verses.*

#### Anchors Aweigh

- The original nautical phrase wasn't spelled "away" but "aweigh" meaning clear of the water below.
- An anchor should be that way when the ship wants to move along in the ocean.
- What's holding you down from moving in your spiritual life?
  - As Christians we can't be weighted down by the world and all the sin that can hold us back because we can't advance in the Christian life.
  - Hebrews 12:1
- What's holding you back from your goals in your daily life?
  - If we want to accomplish anything we can't be held back by things or people either.
  - Colossians 3:23
- Set goals for your journey through life.
  - How do you want to move through life?
  - Where do you want to go?
  - Do you have a plan both physically and spiritually?
  - Do you think you are getting very far?
- What are some of your hinderances or "anchors"?
  - Unforgiveness
  - Lack of vision
  - Lack of compassion
  - Stress
  - Other people and their views
  - Bad habits
  - Other things that weigh you down. (Only you know what they are.)

## Workshop Ideas

- *Weathering the Storm When Life Comes Crashing In* – Surviving hardships and trials. Seeing the peace after the storm. Holding on to Jesus through the wind and rain of life.
- *Though the Angry Billows Roll* – (from the hymn, My Anchor Holds) Focusing in on God’s grace seeing you through.
  - Chorus from “My Anchor Holds”  
*And it holds, my anchor holds:  
 Blow your wildest, then, O gale,  
 On my bark so small and frail;  
 By His grace I shall not fail,  
 For my anchor holds, my anchor holds.*
- *SON, Sea, and Sand* – Holding on to the Son (Jesus) when facing the sea of life. Walking daily in His grace.
- *Holding Fast to the Good Things* – Do a study of 1 Thessalonians chapter 5. (Paul’s exhortations and teachings to the Thessalonians) Key verse 5:21. Learning to “prove” or examine and test the things we believe and trust. Getting rid of things that don’t glorify God. Holding fast to the good things. Holding fast to the Word of God. Holding fast to the things that are right. Holding fast to the things that encourage us as Christians. Holding fast to God’s promises. Holding fast to our faith. (See *Holding Fast* – last idea on this download.)
- *Having a Sure Anchor in a Stormy Life* – Learning to trust God through our circumstances. Resting in the knowledge that God never changes. Having faith that the Lord is trustworthy.
- *Where Your Anchor Drops* – Where are you dropping your anchor? What are you trusting in? What do you set your anchor down in? Tradition? Feelings? Superstition? Allow it to drop in faith and hope in the Lord.

The *Anchored in Christ Event Theme* was brainstormed on our CLM Facebook Page back on February 25, 2015. Some of the ideas were for devotionals. I've placed those on this page.

Thanks to all of you wonderful ladies who contributed your ideas!

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Here's my contribution:

### ***Anchored in Christ***

1. Drop Your Anchor Deep - Stay grounded in the Word.
  2. Keep From Drifting Away - Stay close to the Lord.
  3. Allow the Anchor to Work - Rely on God's strength to take you through High Tides and Low Tides.
  4. Refuse to Sink - Keep pressing on. Trust in the Anchor.
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From Enlighten Foundation (a CLM FB Follower):

### ***Questions to ask***

- What are you anchoring your ship to?
  - Is your anchor heavy enough to weather the storms?
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From Pam Barnes (a CLM FB Follower)

### ***Where are you ANCHORED?***

Pam says,

"Anchors are meant to hold fast a ship to keep it from drifting but in storms (just like the storms of life) the ship may drift some!

That, however, does not mean it cannot get back on course."

From Charmion David Reed

### ***Held in Place***

Charmion says,

"One thing about an anchor that I've studied—It was meant to hold in place. The stronger the storm or winds, the deeper the anchor gets.

If we're anchored in Jesus, no matter the storm, He is steadfast and sure."

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From Nichole Kluth (a CLM FB Follower)

### ***"Holdfast to what is GOOD"***

Nichole says,

"While teaching through 1 Corinthians last year, our women's ministry learned what a "holdfast structure" looks like...it's the anchor of a water plant (like kelp) and it helped us understand the way an anchor and roots are similar..."

*Prove all things; hold fast that which is good. I Thessalonians 5:21*

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From Julia ( Me again!)

### ***Holding Fast***

After reading Nichole's comments (above) again, I started thinking about all of the other "hold fast"s in the Bible that we can learn from.

Here are some of them:

- My righteousness I **hold fast**, and will not let it go: my heart shall not reproach *me* so long as I live. Job 27:6

- Prove all things; **hold fast** that which is good. 1 Thessalonians 5:21
- **Hold fast** the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus. 2 Timothy 1:13
- Let us **hold fast** the profession of *our* faith without wavering; (for he *is* faithful that promised;) Hebrews 10:23

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I ask for the sake of the women's ministry leaders and pastor's wives that gather ideas here, that you do not print your finished devotionals online. It will help keep a fresh take for the ladies that attend our women's ministry events (banquets, conferences, retreats, etc.). We don't want what you share in person to be something your guests have already read on Facebook or a blog somewhere or saw on Pinterest. Let's keep it fresh!