

A watercolor illustration of a forest scene. In the background, several tall, dark green evergreen trees stand against a light, hazy sky. In the middle ground, a small, dark silhouette of a person is visible, standing on a path or clearing. The foreground is dominated by soft, blended watercolor washes in shades of light blue, green, and white, creating a misty or ethereal atmosphere. The overall style is soft and artistic.

Book  
Review

*of Your Story*



If you had to make a book title for your life's story, what would it be?

Other than yourself, who are the main characters in your "book"?

Circle 5 of the most dominant traits of the main character of your story. (you)

- |               |             |               |       |
|---------------|-------------|---------------|-------|
| arrogant      | hardworking | proud         | Other |
| bold          | helpful     | reliable      |       |
| brave         | honest      | selfish       | _____ |
| busy          | honorable   | shy           | _____ |
| compassionate | humble      | strong        |       |
| conceited     | imaginative | thoughtful    |       |
| considerate   | intelligent | understanding |       |
| courageous    | joyful      | unfriendly    |       |
| creative      | kind        |               |       |
| demanding     | lovely      |               |       |
| fighter       | loyal       |               |       |
| friendly      | mean        |               |       |
| mean          | opinionated |               |       |
| generous      | pleasant    |               |       |



Who is the most important character in your life's story? Why?

What would you consider the main event in your "book" so far? How do you think it will affect the rest of your "book"? (your life)

What kind of mood or vibe does your "book" give off to other people who happen to read it?



What would you entitle the worst chapter of your "book"?

What would you entitle the best chapter of your "book"?

Circle 4 adjectives that best describe your “book”. (your life’s story)

action packed

dark

glamorous

adventurous

deep

gripping

amusing

diverse

predictable

awe-inspiring

emotional

scary

boring

engaging

surprising

charming

enjoyable

troubling

comforting

entertaining

uplifting

compelling

evolving

Other

complicated

exciting

confusing

funny

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If you had to pick one adjective (describing word) for your “book” (life) to be remembered by, what one word would it be?

If you had to design a cover jacket for your “book”, what words would you have printed on the back of the book to describe it to other people?



Write a paragraph of how you would like the ending of your life's story to go.



What is the most troubling part of your “book” as you reflect on the chapters so far?  
Is it something that can be changed?

What is the most uplifting part of your “book” so far?

What stage do you think your life's story is in at this moment?

- beginning
- middle
- close to the end

Would you recommend your "book" for others to read?

- yes
- no

Do you think your "book" is well written so far?

- yes
- no



If you answered "no" to the question immediately above, how would you edit your life to get your story on the right track?

How many stars would you give your "book"? Fill in the number of stars that you think is appropriate to rate your life's story so far.

