

If you had to make a book title for your life's story, what would it be?

Other than yourself, who are the main characters in your "book"?

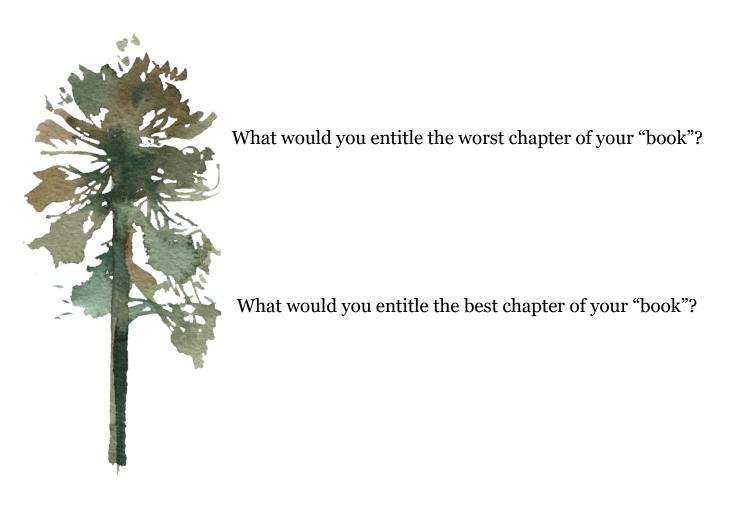
Circle 5 of the most dominant traits of the main character of your story. (you)

arrogant	hardworking	proud	Other
bold	helpful	reliable	
brave	honest	selfish	
busy	honorable	shy	
compassionate	humble	strong	n. to
conceited	imaginative	thoughtful	
considerate	intelligent	understanding	
courageous	joyful	unfriendly	
creative	kind		
demanding	lovely	-	
fighter	loyal		
friendly	mean		
mean	opinionated		
generous	pleasant		

Who is the most important character in your life's story? Why?

What would you consider the main event in your "book" so far? How do you think it will affect the rest of your "book"? (your life)

What kind of mood or vibe does your "book" give off to other people who happen to read it?



Circle 4 adjectives that best describe your "book". (your life's story)

action packed adventurous amusing awe-inspiring boring charming comforting compelling complicated confusing

dark deep diverse emotional engaging enjoyable entertaining evolving exciting funny glamorous gripping predictable scary surprising troubling uplifting Other

If you had to pick one adjective (describing word) for your "book" (life) to be remembered by, what one word would it be?

If you had to design a cover jacket for your "book", what words would you have printed on the back of the book to describe it to other people?





Write a paragraph of how you would like the ending of your life's story to go.

What is the most troubling part of your "book" as you reflect on the chapters so far? Is it something that can be changed?

What is the most uplifting part of your "book" so far?

What stage do you think your life's story is in at this moment?

____beginning

____middle

____close to the end

Would you recommend your "book" for others to read?

___yes

____no

Do you think your "book" is well written so far?

___yes

____no

If you answered "no" to the question immediately above, how would you edit your life to get your story on the right track?

How many stars would you give your "book"? Fill in the number of stars that you think is appropriate to rate your life's story so far.

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