

# Let it Go!

**Read:**  
Luke 9:57-62

NOT LETTING GO  
WILL KEEP YOUR  
SPIRITUAL LIFE  
**FROZEN!**

- 1. Letting Go of the Past.**  
Philippians 3:13, 14; Acts 8:3; Acts 9:1
- 2. Letting Go of Relationships.**  
Proverbs 4:14, 15; 2 Corinthians 6:14, 15
- 3. Letting Go of Anxieties.**  
1 Peter 5:7; Psalm 55:22
- 4. Letting Go of Bitterness**  
Ephesians 4:31, 32
- 5. Letting Go of the Flesh.**  
2 Corinthians 5:15-17; Galatians 2:20

- Anger
- Anxieties (Worry)
- Bad Attitude
- Bad Habits
- Bitterness
- Control
- Disappointment
- Fear
- Foul Mouth
- Bad Mood
- Frustration
- Gossip
- Grumpiness
- Guilt
- Hurt Feelings
- Lying Tongue
- Malice
- Materialism
- Mean Spirit
- Negativity
- Pride
- Resentment
- Selfishness
- The Past
- Unconfessed Sin
- Unforgiving Heart
- Unhealthy Relationships
- Wasting Time
- Worldly influences

DO  
YOU  
NEED  
TO  
LET  
GO  
OF  
ANY  
OF  
THESE?

What do you think holds you back from letting go?

What do you want to let go of in order to move forward in your walk with the Lord?

Write down today's date to remind you of this decision to let go.

I am letting go \_\_\_\_\_ (date)

*Letting Go...* **ALLOWS GOD TO MOVE**  
**ALLOWS HEALING**  
**ALLOWS YOUR FAITH TO GROW**  
**ALLOWS YOU TO MOVE FORWARD**

*And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.*  
*Luke 9:62*