



Prescription for Heart Pains!

☑ *Concentrate on other's needs instead of your own.*
This will keep your heart from growing cold!

☑ *Do something for others on a daily basis.*
This will be great exercise for your heart!

☑ *Stay close to the Lord and serve Him daily.*
This is the best way to keep your heart beating correctly!

☑ *Read God's Word daily.*
This is good maintenance for the heart!

***"Thy word have I hid in mine heart,
that I might not sin against thee." Psalm 119:11***